



BLOOD OF JESUS PRAYER AND DELIVERANCE MINISTRIES
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“BALANCE, BOUNDARIES AND YOUR RELATIONSHIPS”

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Proverbs 4:23 (NKJV): *“Keep your heart with all diligence for out of it spring the issues of life.”*

TWO KEY COMPONENTS OF A BALANCED RELATIONSHIP

1. GRACE.

1 Peter 4:10 (NKJV): *“As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God.”*

Luke 10:19 (NIV): *“I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.”*

Luke 10:20 (TLB): *“However, the important thing is not that demons obey you, but that your names are registered as citizens of heaven.”*

2. TRUTH.

Ephesians 4:15 (TLB): *“Instead, we will lovingly follow the truth at all times—speaking truly, dealing truly, living truly—and so become more and more in every way like Christ who is the Head of his body, the Church.”*

WHAT CAN GET A RELATIONSHIP OUT OF BALANCE?

1. When SOMEONE IS OUT OF CONTROL.

Romans 13:13 (NIV): *“Let us behave decently, as in the daytime, not in carousing and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy.”*

Romans 13:14 (NIV): *“Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the flesh.”*

2. **When someone is CONTROLLING SOMEONE ELSE.**

Galatians 5:1 (MSG): *“Christ has set us free to live a free life. So take your stand! Never again let anyone put a harness of slavery on you.”*

HOW DO I SET BOUNDARIES IN BALANCING A RELATIONSHIP?

1. **Love others WITHOUT RESCUING.**

Galatians 6:2 (NKJV): *“Bear one another’s burdens, and so fulfill the law of Christ.”*

Galatians 6:5 (NKJV): *“For each one shall bear his own load.”*

2. **Learn to CONFRONT IN LOVE.**

Matthew 18:15 (NIV): *“If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over.”*

How Do I Confront in Love?

- **Begin from a POSITION OF LOVE.**

John 13:34 (NKJV): *“A new commandment I give to you, that you love one another; as I have loved you, that you also love one another.”*

- **Say no when IT’S BEST TO SAY NO.**

Matthew 5:37a (NIV): *“Simply let your ‘Yes’ be ‘Yes,’ and your ‘No,’ ‘No’;”*

- **GIVE CONSEQUENCES if necessary.**

Proverbs 19:19 (NIV): *“A hot-tempered man must pay the penalty; if you rescue him, you will have to do it again.”*

2 Corinthians 13:11 (NIV): *“Finally, brothers and sisters, rejoice! Strive for full restoration, encourage one another, be of one mind, live in peace. And the God of love and peace will be with you.”*