



**BLOOD OF JESUS PRAYER AND DELIVERANCE MINISTRIES**  
102 E. Kelso Street, Inglewood, CA 90301

**“MOVING BEYOND YOUR GUILT”**

**Gary Groves**

**Sunday, February 20, 2022**

1 John 4:18 (NIV2011): *“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.”*

**WHAT WE USUALLY DO WITH OUR GUILT**

**1. We attempt to BURY OUR GUILT.**

Proverbs 28:13 (TEV): *“You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you.”*

Psalm 32:3-5 (TLB): *“There was a time when I wouldn’t admit what a sinner I was. But my dishonesty made me miserable and filled my days with frustration. All day and all night your hand was heavy on me. My strength evaporated like water on a sunny day until I finally admitted all my sins to you and stopped trying to hide them. I said to myself, “I will confess them to the Lord.” And you forgave me! All my guilt is gone.”*

**2. We look to BLAME OTHERS BECAUSE OF IT.**

Genesis 3:12 (TLB): *“‘Yes’ Adam admitted, ‘but it was the woman you gave me who brought me some, and I ate it.’”*

Proverbs 19:3 (TEV): *“Some people ruin themselves by their own stupid actions and then blame the LORD.”*

**3. We often beat OURSELVES UP OVER IT.**

Psalm 38:5-6 (TEV): *“Because I have been foolish, my sores stink and rot. I am bent over, I am crushed; I mourn all day long.”*

## WHAT THE BIBLE SAYS TO DO WITH MY GUILT?

### 1. **I OWN IT.**

Proverbs 20:27 (GN): *"The Lord gave us a mind and a conscience. We cannot hide from ourselves."*

1 John 1:8 (GN): *"If we say we have not sinned we're just deceiving ourselves and the truth is not in us."*

Lamentations 3:40 (NIV): *"Let us examine our ways and test them, and let us return to the LORD."*

### 2. **I ACCEPT RESPONSIBILITY FOR IT.**

Psalms 51:3 (TLB): *"For I admit my shameful deed—it haunts me day and night."*

James 5:16 (TLB): *"Admit your faults to one another and pray for each other so that you may be healed. The earnest prayer of a righteous man has great power and wonderful results."*

### 3. **I ASK AND RECEIVE FORGIVENESS FROM GOD.**

1 John 1:9 (Phillips): *"If we freely admit that we have sinned, we find God utterly reliable. He forgives our sins and makes us thoroughly clean from all that is evil."*

Romans 3:23-24 (TLB): *"Yes, all have sinned; all fall short of God's glorious ideal; yet now God declares us 'not guilty' of offending him if we trust in Jesus Christ, who in his kindness freely takes away our sins."*

## WHAT DOES GOD DO WITH MY GUILT WHEN I GIVE IT TO HIM?

### 1. **God FORGIVES ME INSTANTLY.**

Isaiah 55:7 (TEV): *"Let the wicked leave their way of life and change their way of thinking. Let them turn to the LORD, our God; he is merciful and quick to forgive."*

### 2. **God FORGIVES ME COMPLETELY.**

Colossians 2:13-14 (MSG): *"When you were stuck in your old sin-dead life, you were incapable of responding to God. God brought you alive—right along with Christ! Think of it! All sins forgiven, the slate wiped clean, that old arrest warrant canceled and nailed to Christ's Cross."*

**3. God FORGIVES ME REPEATEDLY.**

Hebrews 7:25 (TLB): *“He is able to save completely all who come to God through him. Since he will live forever, he will always be there to remind God that he has paid for their sins with his blood.”*

**4. God FORGIVES ME FREELY.**

Ephesians 1:7-8 (TEV): *“For by the blood of Christ we are set free, that is, our sins are forgiven. How great is the grace of God, which he gave to us in such large measure! In all his wisdom and insight.”*

Psalms 32:1-2 (TEV): *“Happy are those whose sins are forgiven, whose wrongs are pardoned. Happy is the one whom the LORD does not accuse of doing wrong and who is free from all deceit.”*