



BLOOD OF JESUS PRAYER AND DELIVERANCE MINISTRIES

102 E. Kelso Street, Inglewood, CA 90301

"KEY COMPONENTS TO A HEALTHY LIFE"

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Mark 2:1-12

IF I'M GOING TO LIVE A HEALTHY LIFE I MUST...

1. Surround myself with Faith Filled Joy

Mark 2:1-4 (TLB): *"Several days later he returned to Capernaum, and the news of his arrival spread quickly through the city. Soon the house where he was staying was so packed with visitors that there wasn't room for a single person more, not even outside the door. And he preached the Word to them. Four men arrived carrying a paralyzed man on a stretcher. They couldn't get to Jesus through the crowd, so they dug through the clay roof above his head and lowered the sick man on his stretcher, right down in-front of Jesus."*

WHAT FAITH-FILLED FRIENDS ARE WILLING TO DO

- They dare to do the Difficult
- They dare to be Different
- They dare to do, Whatever the cost

2. Accept the Forgiveness offered by Jesus

Mark 2:5(TEV): *"Seeing how much faith they fi 'd, Jesus said to the paralyzed man, My-son, your sins are forgiven."*

Mark 2:6-7 (TEV): *Some teachers of the Law who were sitting there thought to themselves. "How does he dare talk like this? This is blasphemy! God is the only one who can forgive sins!"*

3. Choose to Walk in Freedom

Mark 2: 10-12 (TEV): *HI will prove to you, tin, that the Son of Man has*

authority on earth to forgive sins." So he said to the paralyzed man, "I tell you, get up, pick up your mat, and go home!" While they all watched, the man got up, picked up his mat, and hurried away. They were all completely amazed and praised God, saying, "We have never seen anything like this!