



THE THREE SPIRITUAL HABITS OF EFFECTIVE PEOPLE

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1 Timothy 4:7 (Phillips NT): "... Take time and trouble to keep yourself spiritually fit."

1 Timothy 4:8 (TLB): "Bodily exercise is all right, but spiritual exercise is much more important and is a tonic for all you do. So, exercise yourself spiritually, and practice being a better Christian because that will help you not only now in this life, but in the next life too."

THREE ESSENTIAL SPIRITUAL HABITS OF EFFECTIVE PEOPLE

1. Spending Alone Time with God every day.

Psalms 25:4-5 (TEB): "Show me the path where I should go, O Lord; point out the right road for me to walk. Lead me; teach me; for you are the God who gives me salvation. I have no hope except in you."

Luke 5:16 (NIV): "But Jesus often withdrew to lonely places and prayed."

John 15:7 (NKJV): "If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you."

2. Giving A Time to God every week.

Matthew 6:21 (NKJV): "For where your treasure is, there your heart will be also."

Deuteronomy 14:23b (TLB): "...the purpose of tithing is to teach you always to put God first in your lives."

Malachi 3:10 (NLT): "Bring all the tithes into the storehouse so there will be enough food in my Temple. If you do," says the LORD of Heaven's Armies, "I will open the windows of heaven for you. I will pour out a blessing so great you won't have enough room to take it in! Try it! Put me to the test!"

3. Having A Team for God.

Hebrews 10:25 (TEV): "Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another all the more, since you see that the Day of the Lord is coming nearer."

Acts 5:42 (NIV): "Day after day, in the temple courts and from house to house, they never stopped teaching and proclaiming the good news that Jesus is the Christ."

Ecclesiastes 4:9-10 (GN): "Two are better off than one, because together they are more effective..."

My Growth Covenant:

I commit to--

1...**a daily time with God** - personal Bible reading and prayer. Some days it may be longer than others, some days it may be very brief. But I'm not going to go to bed without at least having read a few verses of the Bible and talked to God in prayer.

2...**a weekly tithe to God**- giving the first 10% of my income.

3... **a committed team for God** -- I want to find a fellowship group, a home group that I can get involved in.

Your Signature

Let Pastor Ade know of your commitment at

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