

## "HOW TO WORK THROUGH A TIME OF LONELINESS"

Sunday, May 24, 2020

Genesis 2:18 (NIV): *The LORD God said, "It is not good for the man to be alone. I will make a helper suitable for him. "*

### FOUR COMMON CAUSES OF LONELINESS

*As found in 2 Timothy 4:6-21*

#### 1. **Transition**

Vs. 6-7: *"For I am already being poured out like a drink offering, and the time has come for my departure. I have fought the good fight, I have finished the race, I have kept the faith."*

v. 9: *"Do your best to come to me quickly,"*

#### 2. **Separation**

v. 9: *"Do your best to come to me quickly."*

v.21a: *"Do your best to get here before winter."*

#### 3. **Opposition**

VS. 14-15: *"Alexander the metalworker did me a great deal of harm. The Lord will repay him for what he has done. You too should be on your guard against him, because he strongly opposed our message."*

#### 4. **Rejection**

Vs. 9-10a: *"Do your best to come to me quickly, for Demas, because he loved this world, has deserted me ... "*

John 5:41 (NIV2011): *"I do not accept glory from human beings,"*

## WHEN I GO THROUGH A TIME OF LONELINESS

### 1. I need to *Make most of my time*

v. 13: *"When you come, bring the cloak that left with Carpus at Troas, and my scrolls, especially the parchments."*

### 2. Don't focus *On the hurt or the pain*

v. 16: *"At my first defense, no one came to my support, but everyone deserted me. May it not be held against them."*

John 10:10a (AMP): *"The thief comes only in order to steal and kill and destroy ..."*

### 3. Bask in *the presence of Jesus Christ*

v. 17 (NCV): *"But the Lord saved with me and gave me strength so I could fully tell the Good News to all those who are not Jews. So, I was saved from the lion's mouth."*

Hebrews 13:5-6 (NIV): *"Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you. "So, we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?"*

Matthew 28:20 (NCV): *"Teach them to obey everything that I have taught you, and I will be with you always, even until the end of this age. "*

John 8:31b-32 (NIV): *" ... Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."*

### 4. Focus on *the need of others*

v. 17: *"But the Lord stood at my side and gave me strength, so that through me the message might be fully proclaimed and all the Gentiles might hear it. And I was delivered from the lion's mouth."*